

Community, Customer and Organisational Scrutiny Committee

27 November, 2018

Progress Report on Health and Wellbeing Development

REPORT BY: Ian Waller – Assistant Director – Health and Wellbeing

1.0 Background

- 1.1 Previous reports to the Committee have identified the challenges facing our communities both in terms of health outcomes and wider health inequalities. There are a number of key actions being delivered around this agenda and these will be summarised in this report.
- 1.2 The core objectives of the Council plan include working with partners to improve the health and wellbeing of people in the borough and reducing inequality and supporting the more vulnerable members of our communities.

2.0 Current Position

- 2.1 The Health and Wellbeing Partnership continues to drive forward positive intervention across the wider determinants of health and wellbeing across the Borough. Through proactive partnering and collaboration the work previously outlined regarding combatting loan sharks, health and wellbeing networks, Holiday Hunger programmes, local community capacity building, Local Integration Boards and supporting communities following the introduction of Universal credit continues to have real impact. These programmes will continue to be promoted and developed to support the development of the health and wellbeing of our communities.
- 2.2 The current focus area for the Health and Wellbeing Partnership is Staveley and Poolsbrook. Using various health and social data the partnership identified these areas as being in need of targeted support to tackle social isolation through using physical activity.

- 2.3 To date direct intervention has been undertaken in Poolsbrook including health, wealth and wellbeing assessments through direct engagement with residents. This approach gave real insight into the needs of that community and as a result the type and nature of interventions that would be best placed to achieve the desired outcome of improved levels of activity.
- 2.4 Utilising consultation techniques such as the very successful Time 4 You events the partnership established a range of interventions which have started. These include junior sport and physical activity sessions on a Monday and Wednesday, junior art and craft session (which had over forty children attend the first session), weight management programme (twenty attending the session). After Christmas, a programme of healthy cooking (Heart of Derbyshire Cooking Courses) will be introduced to compliment the physical activity and weight management programmes.
- 2.5 Work in Staveley progresses through further consultation with the community to direct the most appropriate interventions. The partnership includes Staveley Town Council to ensure that collectively we deliver the right programmes to the right people.
- 2.6 The partnership recognises that whilst this targeted work is essential in trying to embed and support a sustainable change programmes, the wider Borough will continue to need support. Consequently it will continue with its small grants programme to help grow local capacity to deliver programmes that make a difference to their communities.
- 2.7 Partnerships remain a critical part of the Borough's success in enabling communities to grow their capacity to deliver positive change. Through such collaboration the aspiration and confidence programmes known as 'Equipped to Succeed' will be continued through 2019 with two further programmes currently being developed for Barrow Hill and Poolsbrook.
- 2.8 Whilst the work of partners through the Health and Wellbeing Partnership is essential in terms of capacity building and initiating local intervention and support programmes it must be recognised that the clinical intervention will continue to play an essential part in supporting and managing health and wellbeing across the Borough.

- 2.9 To improve this relationship between non-clinical and clinical partners and colleagues a framework known as Place Alliances have been developed across Derbyshire. Full details are available on line <https://joinedupcarederbyshire.co.uk/our-places>
- 2.10 The Place Alliances involve commissioners, community services providers, local authorities, primary care, the voluntary and community sector, and the public working together to meet the needs of local people. There are eight 'Place Alliances' across Derbyshire. The Alliances will focus on making sure they use the resources available to support people's wellbeing, which stretches far beyond the ability to access a hospital, see a GP or receive care in a bed.
- 2.11 The priorities for the Chesterfield Alliance are;
- All Place Alliances will focus on supporting people to stay well for longer through a consistent set of work areas which include frailty, falls, care homes and supporting people to die well.
 - Each Place Alliance will focus on what local people need in that area as regards their health and wellbeing.
- 2.12 The Chesterfield Alliance is now established and has a range of providers all sat round the table with the single focus of improving health outcomes for the most frail in our society.
- 2.13 The majority of acute hospital activity flows into Chesterfield Royal Hospital and a particular focus for the Alliance over the coming months will be looking at how to support and care for more people with frailty in their own homes where possible. A review of admissions data at Chesterfield Royal hospital identifies high rates of emergency admissions considered avoidable for the over 65 age group, high rates of all age and 65+ admissions with an associated relatively low average length of stay and high rates of permanent admissions to care homes.
- 2.14 The reduction in avoidable admissions and conveyances for people living with frailty, by delivering more timely and coordinated care in community and primary care, will be a focus for Chesterfield Place Alliance over the next 12 months.

2.15 The diagram below outlines the areas that are covered within the context of place.



3.0 Summary

- 3.1 Work continues through the various partner networks to embed changes and to support those most vulnerable. The Health and Wellbeing Partnership continues to be an effective group in co-ordinating the work of a number of agencies to maximise outcomes our communities.
- 3.2 The work of the Place Alliance will further support through direct clinical intervention the work of the Health and Wellbeing Partnership.